

LETS MAKE
THIS JOBURG'S
CLEANEST
ROAD RACE



DISCOVERY VITALITY SERIES

OLD EDS ROAD RACE

9 AUGUST 2026



Race 4 is calling! The Vitality Run Series is heating up, and you're invited to be part of the action. Whether you're chasing PB's or just showing up for the good vibes - this one's for you. The 5km race will again be run in honor of Matthew Ernstzen and supported by The Compassionate Friends, a community of people offering support and connection.

We are also asking all runners to make the Old Eds Road Race the cleanest race in Johannesburg, #RunItBinIt. Keep our streets clean and set an example by putting all your waste in a bin. Stop the Drop!

DISTANCE	ENTRY FEES STANDARD	ENTRY FEES OVER 70'S	TEMP LICENSE
21.1 KM	R270	R135	R70
10 KM	R210	R105	R60
5 KM	R130	-	-

ENTRIES AVAILABLE

- Electronically timed event (mat to mat)
- Entries for all races are available online at <http://onreg.com/dvoldeds2026>

Entries are limited to 6 500 entries across all distances:

- 21.1km - 2 500
- 10km - 2 500
- 5km - 1 500

Terms, conditions, and limits apply:

- No entries available on the day
- Blind Runners Free

Limited manual entries will be available from mid-July at :

- The Sweatshop in Dunkeld
- The Old Edwardian Society Admin Office

SUBSTITUTIONS

Substitutions will only be accepted at number collection on Saturday, 8 August 2026

CONTACT US:

C: +27 64 611 3678

E: oldedsroadrace@gmail.com

RACE NUMBER COLLECTION

At Old Edwardian Sports Club

Friday 7 August	14h00 – 18h00
Saturday 8 August	11h00 – 16h00
Race day 9 August	05h30 – 07h00

(Number collections close 30mins before the start of race. Race day number collection at your own risk)

START TIME & PLACE

- 21.1km & 10km – 7h30
- 5km fun run - 7h45

All races will start in 9th Avenue next to Old Eds Sports Club

RACE RULES

- The 21.1km and 10km race start is in 9th Avenue behind the Club, Lower Houghton and finishes in the Club on the field
- Contenders for prizes to start at 07h30 (gun to mat timing), rest of the field mat to mat timing will apply.
- The 5km Fun Run race start is in 9th Avenue behind the Club
- Please do not park on the race route and in front of residents' driveways
- Limited parking will be available inside the Club

VITALITY POINTS

Discovery Vitality members receive bonus fitness points for completing the race
Distance Vitality fitness points

- 5 km: 300 + 500 bonus points = 800 pts
- 10 km: 600 + 500 bonus points = 1100 pts
- 21.1km: 1500 + 500 bonus points = 2000 pts

Terms, conditions and limits apply

**TO ENTER PLEASE
CLICK HERE**



ENQUIRIES

Email: oldedsroadrace@gmail.com

Tel: 064 611 3678

Web: oldeds.co.za/road-race/

GENERAL INFORMATION

- Photographer
- Secure tog-bag area
- Food and refreshments will be on sale
- No fires or gas braais – catering will be available on the day
- Medals to all finishers
- Club gazebos welcome – subject to the above
- Strictly no refunds!
- Limited parking. Please Uber or drive with a friend

PRIZE GIVING 5KM FUN RUN

- Starts at 10h00
- Prizes to First Boy and First Girl under 13 years of age
- Lucky draw prizes for all competitors at prize giving, bring your race number!

PRIZE MONEY 2026

Starts at 10h00 – equal prize money for male & female

AGE GROUP		21.1KM	10 KM
OPEN	1	R6000	R2400
	2	R3000	R1200
	3	R1200	R600
	4	R900	R360
	5	R600	R240
40 - 49	1	R1200	R900
	2	R900	R600
	3	R600	R300
50 - 59	1	R900	R600
	2	R600	R300
60 - 69	1	R600	R300
	2	R300	-
70 +	1	R300	R150
DISABLED	1	R900	R400
JUNIOR	1	R600 (VOUCHER) 21.1KM = 16-19YRS	R300 (VOUCHER) 10KM = 15 - 19 YRS

Prizes to be paid via EFT

MORE ABOUT MATTHEW AND ME AND THE COMPASSIONATE FRIENDS

Matthew and Me is a nonprofit organization created in memory of 16-year-old Matthew, who tragically lost his battle with depression. Our mission is to raise awareness about teen suicide, foster open conversations about mental health, and provide support for families navigating the challenges of depression or coping with loss.

Recognising the immense pressure teens often face in academics, sports, and other areas of life, we aim to teach young people that it's okay to not be okay and to seek support from trusted individuals. Through advocacy, education, and fundraising, we strive to keep Matthew's memory alive and make a meaningful difference.

The Johannesburg Chapter of The Compassionate Friends (TCF) is here for families who have experienced the heart-breaking and life-altering death of a child—at any age, and from any cause. We offer understanding, comfort, and hope on this unplanned journey.

People can support by making a donation and there will also be merchandise on sale at the race.



[DONATE NOW](#)



TO ENTER PLEASE GO TO: <http://onreg.com/dvoldeds2026>

CONTACT US: +27 64 611 3678 or oldedsroadrace@gmail.com

RULES FOR THE 10KM AND 21.1KM RACES

- All road running meetings shall take place under the auspices and rules of World Athletics (WA), Athletics South Africa (ASA), and Central Gauteng Athletics (CGA).
 - Athletes indemnify and will not hold responsible the national, provincial, and regional athletics bodies, sponsors, and the race organizer against all claims or actions of whatever nature arising from participation in the event.
 - Athletes participate entirely at their own risk. By entering any CGA sanctioned event, athletes confirm they are medically fit to participate and accept full responsibility for their health. Participants must provide the name and contact number of their next of kin when entering a race.
 - Licensed athletes must wear their permanent license numbers on the front and back of their registered club vest or t-shirt. The issued race number must be worn on the front without obscuring sponsor name/s or logo/s.
 - Athletes not affiliated with a club must purchase a temporary license when entering online or at the registration venue before the start of the race and these must be worn at the back of the upper garment and the issued race number on the front of the upper garment.
 - Foreign athletes must purchase a temporary license when participating at any CGA sanctioned event.
 - Athletes competing for age category prizes must wear clearly visible age category tags of the appropriate size on the front and back of their registered club vest or t-shirt. Failure to wear age category tags will result in athlete forfeiting prize money.
 - In any events/races when an athlete cannot be present at the prize giving ceremony, by prior arrangement, a representative of the prize-winning athlete may collect the award on the athlete's behalf during the award ceremony. Failing the above, the athlete will forfeit his/her prize money. Prize winners must present a valid identity document to the appointed referees before prize-giving or at any other time required.
 - No seconding allowed.
 - The use of earphones, headsets, or similar devices during the race is strictly prohibited.
 - No blades, cyclist or mechanically operated devices allowed in the race.
 - Participants must request permission from the race organiser prior to the race for the use of wheel carts, prams, or wheelchairs. All these participants must start at the back of the field.
 - No animals or pets are permitted to participate in any CGA sanctioned events.
 - Instructions issued by traffic officers and race officials must be obeyed at all times.
 - Failure to comply with these rules, or any other rules issued by the race organiser, may result in immediate disqualification, forfeiture of prize money, nullification of results, or a combination thereof. Further remedial action may be taken in line with the CGA/ASA Constitution. The decision of the race referee is final.
 - Minimum age for participation: 21.1km = 16 years old and 10km = 15 years old.
 - Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter.
 - Cut-off time for all events is 3 hours (10h30). Runners attempting the 21.1km event must complete the first lap of 10kms within 90mins or be cut-off for safety reasons.
 - These rules must be read together with the ASA Domestic Rules and Regulations, and the CGA Rules and Regulations Manual for more information.
- By entering this race as a member of the Vitality programme, which forms part of the Discovery Vitality Run Series, you hereby agree to share relevant personal information with Discovery Vitality (Pty) Ltd and authorised third parties for the purpose of awarding Vitality points and cashback.
- Please note, by entering you agree that your details will be hosted on the event start list and event results page.

TO ENTER PLEASE GO TO: <http://onreg.com/dvoldeds2026>

CONTACT US: +27 64 611 3678 or oldedsroadrace@gmail.com